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# Citrus Orchard Foreman Occupational Learning

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## Progressive Activities Assessment Guide

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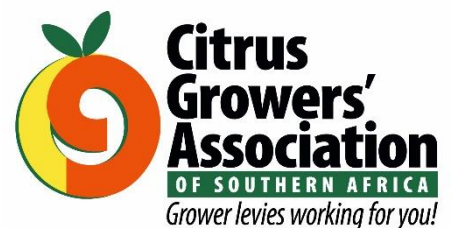
### K1: Occupational Health and Safety

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# Chapter 1

## Activity P1

Complete this activity to test your knowledge of the entire chapter:

1. What act describes workplace health and safety requirements?

The South African Occupational Health and Safety Act (OHSA).

2. How does health and safety affect sales?

Consumers and buyers will often only deal with reputable suppliers with a good safety record.

3. How regularly should safety rituals and routines be practiced?

As a part of everyday operations.

4. What is PPE?

Personal protective equipment refers to equipment that is used to protect workers during dangerous operations.

5. What is the first step during an accident?

Work should be stopped and necessary medical care given.

6. What incidents should be recorded separately?

Any serious incidents (those that result in severe injury or death) must be documented in a separate file with all relevant documents.

7. How many workers should ideally be first aid trained?

Ideally one per team or work group.

8. What is the best way to remind workers of emergency procedures?

Charts or posters showing emergency procedures that are visible and easily accessible in areas the workers frequent.